## Friday 5<sup>th</sup> of April 2019- Submission to Australian Government Productivity Commission Inquiry: Mental Health

I wish to state that I am a Dianetics Councilor and that the results I have obtaining with people to handle past upsets and mental trauma using the methods outlined in Dianetics have been truly amazing.

If Dianetics is not part of your research it should be to give you a balanced view of what is currently available. Dianetiics gets results at little cost compared to the current expensive model of Psychiatric alternatives that require the use of expensive drugs etc and give little or no improvement at best.

This is not a submission on Dianetics as it is a definitive text and should be part of the commissions own research. It was a breakthrough in Mental Health in 1950 when it was first published and now with over 22 Million copies being sold around the world in 52 different languages you can see it is not some fad when it gets the results it does without drugs etc the Royal commission is just that and it should be able to look at all alternatives in relation to mental health if you haven't already go to the web site. www.dianetics.org

What I want to submit is the fact that I get results using this technology, it is often truly amazing and life changing, I keep the confidential of my clients for ethical reasons.

## Why we must have alternatives and ones that work.

- My first run in with Psychiatry and Mental Health was when my eldest sister who was a nurse
  married a Psychiatrist working at a mental institution. As my elder brother started on parties etc
  and got connected with Marijuana and other drugs, my parents being dismayed sought expert
  help from my brother in law a Psychiatrist and were told that it was all OK and not to bother as
  he will grow out of it. Totally incorrect information and he has been a drug addict all his life from
  then.
- In talking with a young prospect the other day she told me that at the age of 3 she was diagnosed to have ADHD and at the suggestion of a Specialist (Psychiatrist) was put on drugs... she has known no different since the age of three and cannot understand why she currently has mood swings and feels the way she does (she is on Ritalin) and does not think anything can be done about it. How can you diagnose an active child at the age of three and give them mind altering drugs at great expense we will be building a nation of cripples.

Yes there are people that are psychotic and may need to be isolated from time to time and there are many more that are made psychotic by the expensive mind altering drugs they are given without proven results costing the taxpayers a fortune.