

The Missing Link (Draft doc.)

Dual Diagnosis

Consumer and Carer Perspective

MENTAL HEALTH AND ADDICTION MANAGEMENT

RECOVERY.

A Person-Centred Approach.

TEAM WORK

WELLBEING AND INCLUSIVENESS

PEER-BASED ROLES

- Peer-based Participation

Peer-based support in recovering:-
the giving and receiving of non-professional,
non-clinical assistance by people who are
experientially credentialed to assist others in
initiating and maintaining recovery.

(White, 2009)

SHAPING THE FUTURE

The Victorian Mental Health
Workforce Strategy
(Final report 2009)

EMPLOYMENT

Individual Placement and Support.

PERSONAL BUDGETS AND SELF-DIRECTED CARE

RECOVERY

WORKFORCE DEVELOPMENT

WHOLE OF PERSON QUALITY OF LIFE RECOVERY PROGRAM

ILLNESS EDUCATION (Clinical)

Illness Recovery Components

- Renewing hope and commitment
- Redefining self
- Incorporating illness-alcohol and other drugs use education
- Managing symptoms
- Valuing relationships

RECOVERY EDUCATION (Functional)

Wellness Recovery Components

- Assuming control
- Overcoming stigma
- Becoming an empowered person
- Finding your niche in the community
- Living the best attainable whole of person quality of life

DUAL DIAGNOSIS RECOVERY

A VISION

- Envisioning an evolving and inclusive whole of person quality of life improvement program, impacting on mental health and addiction management, social inclusion and employment.
- To develop a bottom-up, person-centred and professionally supported, integrated clinical and work driven recovery seamless services delivery.
- To provide a learning environment that reflects the metaphors and experiences related to wellbeing and recovery, rather than pathology.

PRESENTER
Frank Filardo

- Dual Diagnosis Carer Advocate
- Phone (03) 94386027
- E:Mail frankfilardo@tadaust.org.au

- **AUSTRALIAN DUAL DIAGNOSIS RECOVERY NETWORK INC.**
- 1-23 GODBER ROAD
- DIAMOND CREEK 3089
- MELBOURNE VIC.
- AUSTRALIA