

12-6-11

R.A. Davidson

Many Parent/Carers came together to discuss, though all having varied disabilities, of those we care for, we all have the same problem and goal in common across NSW, that is the desperate need **now** for the type of accommodation complexes, for the semi-independent, that would see them through to their old age, and that my idea, for this presently overlooked majority, that is not being addressed by anyone, nor governments, the Guardian Angel Complexes, and the plans I submitted, the majority agree could be the answer for many. It covers all the needs of these young adults for life. It is also a win for Governments/Organizations/Health Bodies, etc, by covering financially, long-term less costs in building and running the complexes, having it all encompassed under one roof, and housing more occupants, as opposed to smaller dwellings, where presently, many problems are found, it also would cover the overwhelming safety issues these people face, yet still giving them their independence with the 24hr help on hand, that other strapped organizations do not have the man power to cover, and those that are available are hard to access due to the amount of people needing these services, nor do they work after hours, night nor weekends, nor holidays. This is usually when they need these services, as to those who would say they would end up being institutions, we say these complexes would be no different in concept to the retirement villages/complexes and over-55 resorts, and no one calls their accommodation, nor the people who occupy them as being institutionalized. So we're putting out a call to all towns, to come together as one voice, by looking at the attached plans, and contacting us via email or letter, or even their own media, to get Governments, and others to finally do what we all can see needs doing, and build Guardian Angel Complexes, and predominantly, in regional and coastal areas, as these people are moving to, due to it allows them with these types of disabilities, their environments to function better with less obstacles than the big cities. It also alleviates many problems and worries of the aging carers, and their relatives, for their loved ones to leave behind. The following is a worded description and schematic of these Complexes...

If you could forward them to get the word out to others as we need people to know there is an answer. We're just got to get those who can build them to do so, as group housing does not provide one-bed flats, nor all the things that these people with individual different disabilities' needs are not covered, they build now, but the G.A. Complexes covers all aspects, even through to old age, etc. Also Government Housing, where a lot are ending up (large complexes), **is not working**, nor suitable for many reasons, causing them serious safety, and other problems. So if you can help in any way, via media, it would be of great help to all.

R.A. Davidson

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These are the types of things these people need now...

### Overall view of needs...

A: The name "Guardian Angel Complexes", suits due to these young adults, etc, always needing someone around to guide and help.

B: These complexes could be set out and built along the same lines as the now retirement villages and buildings, etc (except not for the retiring but for the semi-special needs and disabled 18 and up, etc) especially once their parents/carers can no longer care for them. It would be permanent housing with perhaps options built in to exchange to other complexes should the need arise.

C: Semi-independent implies those who can do minimum things, but still need carers around, etc (for the severely disabled, more specialty complexes could be designed for their needs, etc, separate to these).

D: Same as retirement villages, etc, these complexes for the groups overlooked in housing now, e.g.

Autistic/Asbergers/Down's Syndrome and alike/Wheelchair, etc, would be paid for once built by the method of the complex taking percentage of their pensions to pay for rent and other needs, leaving them enough for private use for off-complex activities/medications/clothes, etc, due to these people would not have the funds to buy into these units, etc

E: These places would incorporate the following...

1. One bedroom/Bathroom-Laundry/small combined kitchenette-eating and sitting room/Intercom to carers.
2. Complex for safety, only two stories high, no steps, walkways, wide enough for wheelchairs if needed.
3. All combined under one roof with security main entrance and reception for the residents' safety on coming and going and visitors, etc.
4. Rostered carers, day and night, for when needed, trained in disabilities, etc.
5. Help for personal laundry, etc/unit cleaning.
6. Dining area within complex and meals three times a day. Their choices and catered for their needs.
7. Library/entertainment area to meet and mingle – special exercise room – outdoor activity area for residents and visitors, etc, encompassed in secure grounds.
8. Access to medical help, through on-site carers when needed and room checks and help when sick, etc.

These complexes should be run with residents' freedoms not impeded, but safety implemented and they should be treated with dignity and respect, and consideration for their views, etc, they could also incorporate outings and shopping trips, etc for when residents do not have their own community access times, etc. Complexes like these would alleviate the isolation and loneliness these people face daily, especially once they lose their parents/carer, it would enable them to have a life and future, to mix and form friendships, and have carers permanently, in safe, secure surroundings.

**Other countries** are already doing things in housing for these people as they recognize the need and that these parents/carers will not be around forever, etc, and these people need somewhere to live! **It's time Australia did something too!** It's needed now! Could this be passed onto all who can help and brought up in Parliament and all other places that can make it a reality?

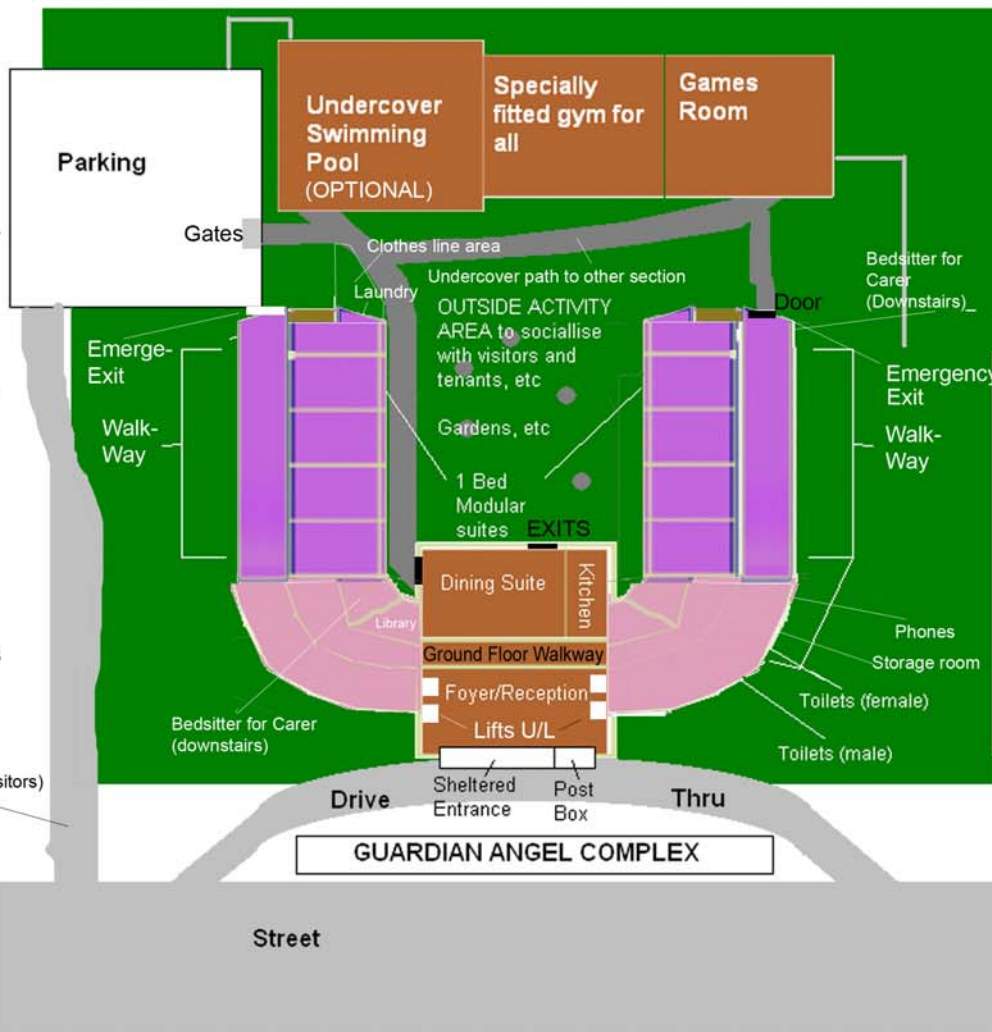
R.A. Davidson

Craig Davidson (Autistic)

# ROUGH DRAFT DRAWN UP 31-5-2010

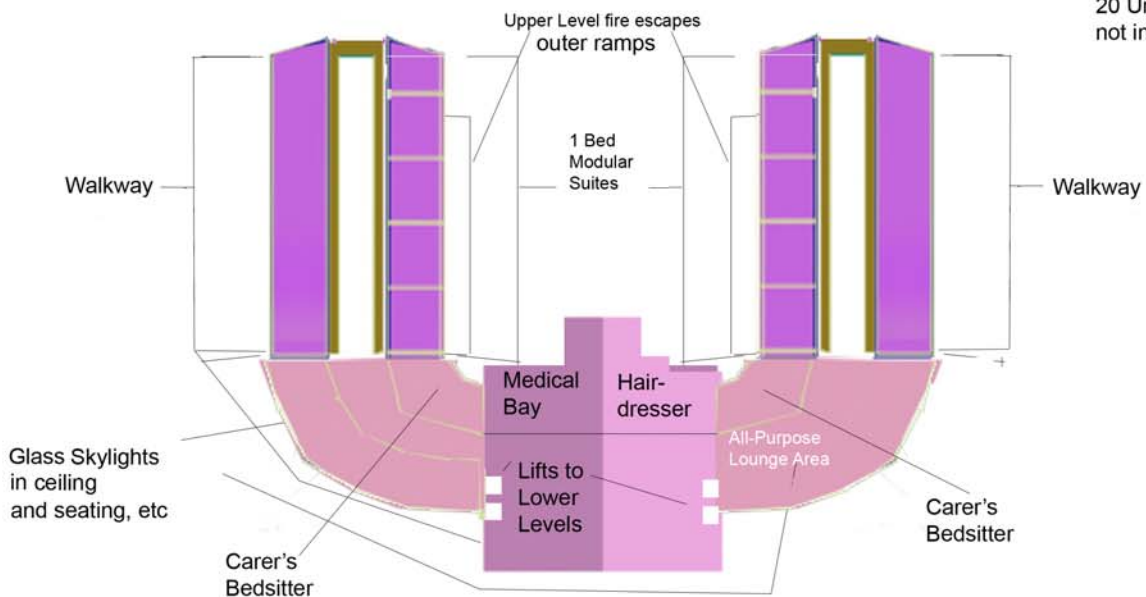
## GROUND FLOOR

- 2 Store accommodation
- Secure Grounds
- Environmentally friendly products, solar, etc
- Fire Exits at upper and lower levels each wing
- Phone area
- Options for eating in or out of rooms
- Room Cleaning
- Help with clothes washing
- All rooms with buzzers for carers for emergencies



- Pool Security so no entry unless supervised, etc
- Walkway to other level, no steps
- All flats adaptable for all types of disabilities
- Carer o/n Access upper and lower levels
- Separate toilets upper and lower for day carers and disabled and visitors
- Modular suites with Kitchen and living areas + Showers, etc
- Statue of Angel at front entrance or picture, etc
- BBQ Area
- To incorporate small room for hair-dressing use + medical visiting doctors, etc
- + Complex small bus for outings, etc
- 5 Units each side
- Enclosed Balconies overlooking grounds

## Second Floor



- 20 Units all up for tenants not including carers' units

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## Option 2

2 Storie accomo-  
dation

Secure Grounds

Environmentally  
friendly products,  
solar, etc

Fire Exits at upper  
and lower levels  
each wing

Phone area

Options for eating  
in or out of rooms

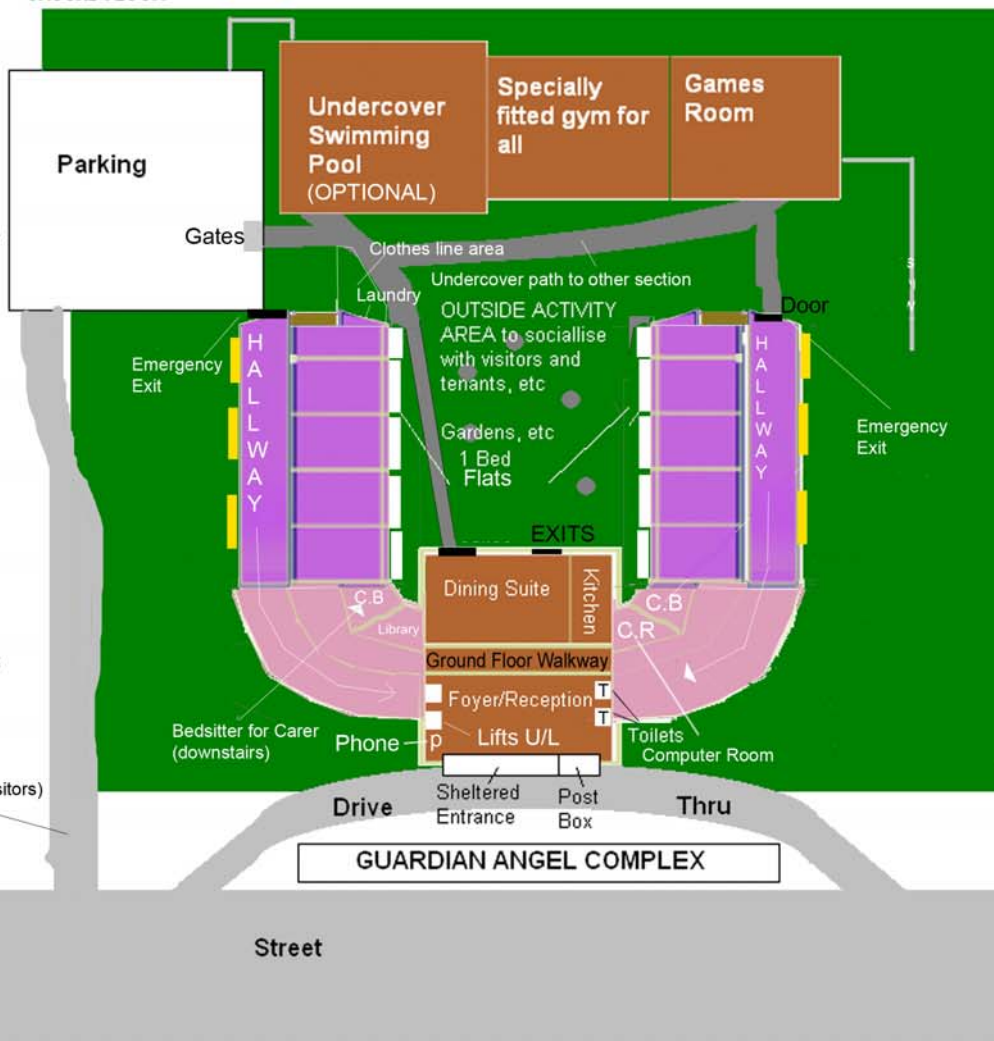
Room Cleaning

Help with clothes  
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All rooms with  
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ROUGH DRAFT DRAWN UP 31-5-2010

GROUND FLOOR



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Carer o/n Access upper and lower  
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Separate toilets upper and lower  
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Statue of Angel at front entrance  
or picture, etc

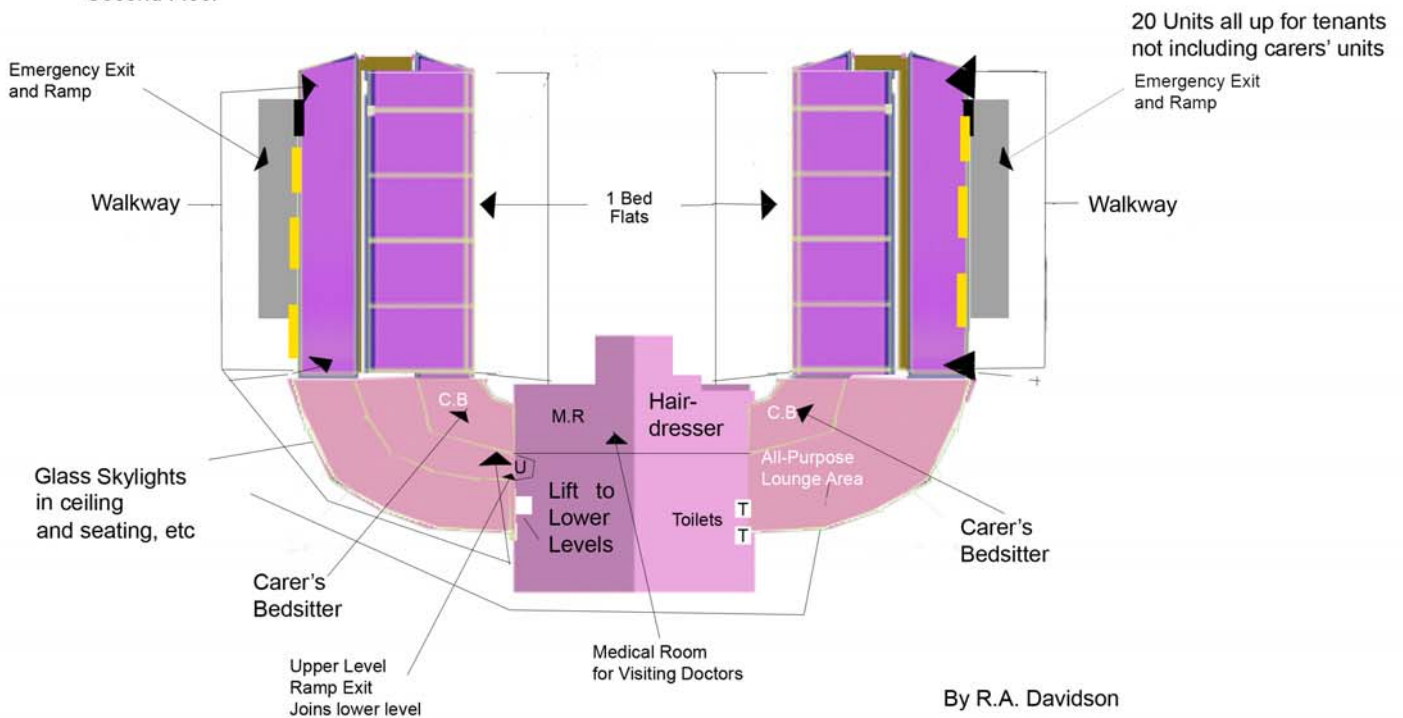
BBQ Area

To incorporate small room for hair-  
dressing use + medical visiting  
doctors, etc

+ Complex small bus for outings,  
etc

5 Units each side  
Enclosed Balconies overlooking  
grounds

Second Floor



20 Units all up for tenants  
not including carers' units

Emergency Exit  
and Ramp

Walkway

1 Bed  
Flats

Walkway

Glass Skylights  
in ceiling  
and seating, etc

Carer's  
Bedsitter

Upper Level  
Ramp Exit  
Joins lower level

Medical Room  
for Visiting Doctors

Carer's  
Bedsitter

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### OPTION 3 Single Story - 10 Units

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